# JAPAN BY RAIL AUTUMN COLOURS

Scenic rail tour around Japan in the season of autumn colours - nature, culture, history, art and food -

Thursday 30 October – Monday 24 November 2025



Join us for our **new Autumn Colours tour** to Japan – a twenty-five day experience of **autumn colours** on the Japanese islands of Honshu, Hokkaido and Shikoku. Enjoy five nights in **lovely hot spring resorts**; travel in **Green Cars (first class) on the high speed 'Shinkansen' trains** – making your journey relaxed, exhilarating and very comfortable; experience **scenic rail journeys** through colourful forests; and explore the rich **culture** and **history** of the country, with **gardens**, famed **textiles**, **art** and **food**, and **options for walking in nature**. Experience a range of accommodations from modern city hotels, convenient simpler business hotels, **traditional onsen resorts (ryokan)** and enjoy a range of included meals, some special dining occasions and also freedom to dine when, with whom and where you wish. Enjoy **local cuisine at 'Izakaya' restaurants** and **great meals featuring local produce**. Even if you've been to Japan before, you'll visit different locations and gain a **deeper cultural experience**. The tour is designed and led by Japanese expert **Takako Ishige**, who with **Owen Johnstone-Donnet** have researched and organised the tour. We are proud and passionate about our tours - we make it possible to experience the real Japan, **not only iconic cities and sights, but also 'off the beaten track' small villages and islands, meeting local people.** 

#### Thursday 30 October 2025 - to Japan

Begin your experience of Japanese culture aboard a daylight flight from Sydney to Tokyo with Japan Airlines or All Nippon Airlines, or from Sydney, Melbourne and Brisbane with Qantas. Alternatively fly overnight on Wednesday 29 October 2025 with Qantas or All Nippon Airlines from Sydney and arrive Tokyo the following morning. Check in to the hotel and enjoy the vibrant city of Tokyo at leisure. (Please note early check in to hotels requires a prior night being booked at additional cost.) Overnight Tokyo.

#### Friday 31 October 2025 (B/D) – Tokyo sightseeing

After breakfast we introduce you to some of the **highlights of Tokyo**, Japan's capital and the world's most populous metropolis. We will show you the old and new - the historical Tokyo Station; the world's busiest pedestrian crossing and famous Hachiko dog in Shibuya; Harajuku - the centre of teenage and cosplay culture; the fully automated driverless Yurikamome crossing Tokyo Harbour; Tokyo's last remaining tram line and more! There is too much to see in a day, so if specific museums appeal, let us know so we can arrange for you to visit them independently. We also organise the important process of the Japan Rail Pass exchange and collect our rail reservations for the tour. Enjoy our first group dinner. Overnight Tokyo.



#### Saturday 1 November 2025 (B) - Shinkansen to Toyama

We commence our travel in Japan with a journey from Tokyo to Toyama, aboard the **excellent Japanese high speed 'Shinkansen' service**. Running at speeds of up to 320 km/h, it is known for punctuality (most trains depart on time to the second), comfort (we travel in 'green car' - first class), safety and efficiency - it is an exhilarating and comfortable experience. On arrival we leave our luggage at the hotel, and in contrast to the modern Shinkansen, we experience the **local railway to explore the Tateyama Mountain Range.** We travel along the deepest V-shaped valley in the entire country. View the beauty of the valley between Unazuki Onsen and Keyakidaira on our 1 hour and 20 minute journey, covering 20.1 kilometres, including 41 tunnels and 22 bridges.





There are many hot springs along the route, and at our destination in the mountains you can view the Kurobegawa River and there is the opportunity for those who wish to experience an outdoor foot hot spring experience – or even a hidden **onsen in nature!** Return to Unazuki Onsen and then to Toyama. "Toyama" means "rich with mountains", and the name doesn't disappoint! The city offers stunning views of a series of 3,000 metre peaks of the Northern Japan Alps. Located on the picturesque Japan Sea, Toyama has offered **fresh seafood** not only to locals but also to those who live in Tokyo. You must try famous white shrimp, which is recognised as '**the jewel of Toyama Bay**' – raw or as tempura, it is a local delicacy. Overnight Toyama.

#### Sunday 2 November 2025 (B/L) – Kanazawa , Kenrokuen Garden and the impressive Toyama glass museum

From the time the Maeda family lords of the Kaga domain gathered skilled craftsmen from all over Japan in the 17th century, Kanazawa became the epicentre of dozens of traditional crafts such as elegant gold leaf, silk, brilliant dyeing, pottery and more — and the tradition has continued to flourish. Kanazawa is an authentic castle town, with an impressive castle park, located opposite Kenrokuen, justifiably classified as one of Japan's "three most beautiful landscape gardens" — and one of the three most famed in Japan. The 21st Century Museum of Contemporary Art is also very popular, and we enjoy luncheon here today, whilst the Nagamachi samurai district gives an insight into an historical Japanese lifestyle. There is too much to see in a day, so if specific museums appeal, let us know so we can arrange for you to visit them independently. We return to Toyama for a late afternoon visit to the Toyama Glass Art Museum. Showcasing a collection of glass art from around the world, the beautifully modern building that houses the museum was designed by world-renowned architect Kuma Kengo and also contains the city's impressive public library. Our main focus is the sixth floor which hosts the "Glass Art Garden" exhibition, boasting a collection of installations by Dale Chihuly. You will be impressed! Dinner is at leisure and overnight Toyama.







#### Monday 3 November 2025 (B) – Tateyama Kurobe Alpine Route

Today we experience the exhilarating **Tateyama Kurobe Alpine Route** - a unique and spectacular journey through the Northern Japanese Alps, traversed by **various means of transportation** including funicular, bus, cable cars, electric buses, a ropeway and a walk across the impressive Kurobe Dam wall. Completed in 1971, the route connects Toyama Prefecture with Nagano Prefecture. The main attraction of the Tateyama Kurobe Alpine Route (as well as the impressive transport infrastructure!) is the **magnificent scenery of the Tateyama Mountain Range**, part of the Chubu Sangaku National Park. With an elevation change of 2,400m through the route, we can enjoy the various scenery including the autumn colours. At Murodo (2,450m) enjoy a **short walk to Mikurigaike lake** which reflects the magnificent alps on its pristine surface. We return to Toyama, enjoy an evening meal at leisure and overnight Toyama.



# Tuesday 4 November 2025 (B) – Takayama



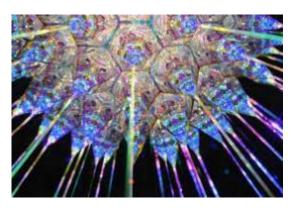
This morning we join the Ltd Express 'Hida' for the scenic journey to the historical city of Takayama in Gifu Prefecture. Known for its beautifully preserved old town in the mountains, the city gained importance as a source of high-quality timber and highly skilled carpenters during the feudal ages. As a result, the city was placed under direct control of the central government and enjoyed significant prosperity considering its remote mountain location. Sannomachi Street survives in a particularly fine state with old homes, shops, cafes and sake breweries, some of which have been in business for centuries. Several open their doors providing a glimpse behind the facade into the former living quarters of local merchants, exhibit traditional household goods, as well as local arts and crafts. Explore the atmospheric old town and taste highquality 'Hida beef' - local marbled beef. We return by 'Hida' Ltd Express to Toyama. Dinner at leisure and overnight Toyama.

#### Wednesday 5 November 2025 (B/D) – Akiu Onsen - ryokan experience, onsen & Japanese cuisine in yukata

A mid-morning departure by Hokuriku shinkansen to Omiya, where we change to the Tohoku shinkansen for the journey north to Sendai, then local train to Ayashi, and finally to our coach. We visit Akiu Grand waterfall - the majestic **Akiu Otaki Falls** reach 55 metres in height and 6 metres in width - you can view the falls from an observation deck or walk down along the trail to the base of the falls. We then head to Akiu Onsen - a traditional hot spring discovered more than 1500 years ago. It is a nationally famous hot spring resort and is one of "Japan's three royal hot springs." We stay in the beautiful ryokan (traditional accommodation) and enjoy the **hot springs** and **fresh Japanese cuisine wearing the yukata**. Overnight Akiu Onsen.



#### Thursday 6 November 2025 (B/L) – Japanese Whisky, picnic lunch, Kaleidoscope Museum, walking the gorge



Today explore the history of whisky making in Japan – and learn why it is winning awards, annoying the Scots! In 1918 a young Japanese man set off to discover the secret of whisky making – today his efforts are evident in two fine distilleries. We visit the **Miyagikyo Distillery** and taste their produce. Then to a fledgling winery in Akiu Onsen for a **picnic luncheon** – the luncheon and not the wine is the feature - followed by a visit to the Sendai **Kaleidoscope Museum**. The museum is home to a range of kaleidoscopes, some that are rare in the world. Others are large and mechanical, some smaller designed by various artists. Among these, there is an unusual kaleidoscope in which your appearance becomes part of the experience. A relaxing day, experiencing different elements of the ryokan, and overnight Akiu Onsen.

#### Friday 7 November 2025 (B) – to Hakodate, Hokkaido through the undersea tunnel, brilliant night view

After breakfast we transfer to Sendai to join the shinkansen for our journey north to Hokkaido and the port city of Hakodate. Our journey to Shin-Hakodate-Hokuto aboard the JR Hokkaido / East Japan shinkansen includes the **undersea** crossing from Honshu - through the 53.85km Seikan **Tunnel** – one of the world's longest undersea tunnels. This afternoon explore the Motomachi District - as one of the first Japanese harbour cities to be opened to international trade after the country's era of isolation, Hakodate experienced notable influence from overseas, and the foreign population's former residential district and its Western style fort are among its attractions. Either today or tomorrow (depending on weather) we will ascend Mt Hakodate to enjoy one of Japan's great night views. Enjoy a meal in the historic warehouse district of the port, or at one of the many restaurants near the hotel. Overnight Hakodate.



# Saturday 8 November 2025 (B/L) - morning market and autumn colours of Onuma Koen







Hakodate developed as a port town for trading with foreign countries at the end of the 19th century – at the bay area near the railway station and our hotel, a **Morning Market** is held where more than 360 stalls packed tightly together attract shoppers with freshly caught squid, scallops, salmon eggs, Atka mackerel, crabs, sea urchin, and many other fish and shellfish, as well as fresh produce such as **Yubari melon**, which is super sweet and melts in the mouth. We visit the market and taste some flavours of Hokkaido. Then we head to **Onuma Koen National Park**, with nearby Ko-numa Marsh and Junsai-numa Marsh, it is 24 kms in circumference, formed by the eruption of Mt. Koma-ga-take. With 126 islands, large and small, it is famous for the spectacular views of small islands connected by 18 bridges. Explore this beautiful location, crossing small bridges between islands dotted in the lake by boat and on foot, and then enjoy luncheon at a lovely lake side restaurant. Return to Hakodate in the afternoon and there is free time to explore – dinner at leisure and overnight in Hakodate.

# Sunday 9 November 2025 (B) – Kosetsuen Garden, Goryakaku Fort and the Ainu people

Today we explore where autumn foliage is best. Not far from Hakodate, Miharashi Park features a Japanese-style garden, "Kosetsu-en". With about 150 varieties of trees, the flowers and the quaint buildings provide the perfect foil for each other – the autumnal foliage is often too beautiful for words. Ginkgo, palmate maple, red maple, oliver maple and baby's breath, lend red and yellow to Kosetsuen. In season the Red Foliage Garden is elaborately adorned and the garden is simply a riot of colours and full of poetic charm. Alternatively we may visit Lake Tōya - a volcanic caldera lake in Shikotsu-Toya National Park, surrounded by serene, quiet and blissful forest. Closer to home, Goryakaku Fort is a western-style fort completed almost 150 years ago. A magnificent panoramic view of the entire star-shaped estate and surrounding moat unveils itself to visitors from the observation platform of the 107-metre Goryokaku Tower, which stands adjacent to the fort. The moat is surrounded by some 1,600 cherry trees, making the Goryokaku one of Hokkaido's top cherry blossom viewing spots in springtime which turns into a blazing scene of crimson foliage in the fall. The Ainu are Hokkaido's indigenous peoples of Northern Japan – learn of the history, culture and present day life of the indigenous peoples at the Hakodate City Museum of Northern Peoples. For those interested in maritime history, visit the former ship, now a museum, that crossed between Honshu and Hokkaido before the opening of the undersea tunnel. For dinner at leisure tonight, perhaps enjoy a casual 'izakaya' style restaurant in the historic warehouse district near the harbour. Overnight Hakodate.

#### Monday 10 November 2025 (B/D) – to Oirase Gorge, a peaceful and beautiful onsen resort in the forest



Leave Hakodate by shinkansen, and return through the undersea Seikan rail tunnel to mainland Honshu. At Shin-Aomori we change to a coach, and head south through the Towada-Hachimantai National Park - 1,400 to 1,600 metres above sea level – to our destination of Yakeyama. Near the top of the plateau we pass a wetland bosting more than 160 kinds of plants. From spring through autumn you can see Japanese skunk cabbage and yellow alpine lilies in full bloom. There are also three emerald green marshland lakes located in the beech forest on the plateau, and views of Mt Hakkoda are a bonus if weather is good. Our accommodation for the next three nights is **the only hotel built on the edge of Oirase Gorge**, part of the national park. With clear streams, mossy rocks, surrounded by a forest of deciduous broad-leaved trees, the fresh greenery and autumnal colouration of the forest are impressive - the landscape and its beauty have been designated a location of special scenic beauty, and as a natural monument. Our hotel provides the perfect location for **some rest and recreation halfway through the tour** – from previous experience, important to ensure you are rested for the next part of our journey. Enjoy a wonderful onsen, lovely dinner and overnight Oirase Gorge.

#### Tuesday 11 November 2025 (B/D) - Cruise on Towadako Lake, and walking along the gorge

Towada is the largest caldera lake on Honshu, characterised by two large peninsulas extending nearly a third of the way across the lake. As you will see it is a popular autumn colour destination, especially along the **Oirase Stream** at the lake's eastern shore, which is rapidly becoming one of Japan's most famous spots to see autumn foliage. **Lake Towada** is surrounded by a steep, forested caldera rim that rises several hundred metres above the lake's surface, but its shores are relatively undisturbed,



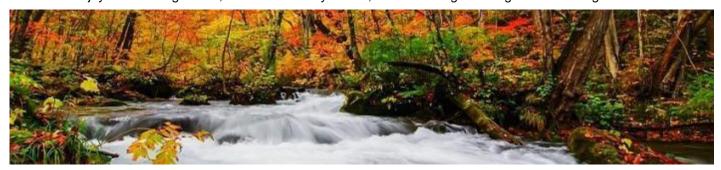
except for the small village of Yasumiya. We enjoy the cruise on the lake, visit a fine folk craft boutique and inspect the tourist and



National Park information centres to learn of the flora and fauna of the area, and then return to Oirase Gorge. There is also the option to **walk along part of the gorge** for those who wish to enjoy some walking today, as well as tomorrow. We will offer a couple of options for the walkers depending on how much you wish to walk. Enjoy a refreshing onsen, and then a lovely dinner, before retiring. Overnight Oirase Gorge.

#### Wednesday 12 November 2025 (B/D) - a relaxing walk along the stream and relax at our ryokan

Today you have the opportunity to relax in and around the ryokan and recharge your batteries or enjoy a short walk along Oirase Gorge. It is about 10 kilometres from the ryokan to Lake Towada, and you can experience as little or as much as you wish. The hotel offers a shuttle bus service along part of the gorge, and nearby the hotel is a pleasant café for luncheon. Enjoy a refreshing onsen, and then a lovely dinner, before retiring. Overnight Oirase Gorge.



#### Thursday 13 November 2025 (B/D) – to Morioka

We depart from our hotel by coach, and head east to Hachinohe, rejoining the Tohoku shinkansen for the journey south. Our destination is the vibrant city of Morioka – listed by the New York Times in 2023 as one of 52 'must go' destinations — a city of just on 300,000 people, "with strong socioeconomic foundations that elevate their residents, enabling them to live rich, full and creative lives. Cities that feel — to distill it to a single word — healthy." Iwate Park, known for its spring cherry blossoms and autumnal colours, is home to the ruins of 17th-century Morioka Castle. Surrounded by mountains and intersected by multiple rivers, Morioka is also famed for its local wanko soba. Enjoy a stroll along its streets and then an included Korean BBQ dinner — a speciality of the city. Overnight Morioka.



# Friday 14 November 2025 (B) - Geibikei Gorge and Hiraizumi, UNESCO World Heritage



We visit **Geibikei Gorge** - formed through river erosion by the Satetsu River in much the same way as the Grand Canyon in the US, but on a much smaller scale. Today, the gorge is surrounded by sheer walls of rock stretching over 100 metres on either side. Board a guided boat tour along the gorge, with the serene beauty of Geibikei ,while being serenaded by the drivers of Venetian-style boats. **Hiraizumi** provides a change of pace - boasting more than 3,000 National Treasures and historical sites surrounded by idyllic gardens. The Tohoku region in Japan's northeast thrived in the 12th century under the reign of the Oshu Fujiwara clan, and Hiraizumi was the centre of this prosperity. **Chusonji Temple** is

home to the Konjikido Golden Hall, an ornate structure covered in lacquer containing gold foil and studded with gold and silver, a symbol of the gold culture of Hiraizumi. Peer inside to find numerous Buddhist statues and detailed decor. We return to Morioka, with dinner at leisure and overnight Morioka.

#### Saturday 15 November 2025 (B/D) – to Nagoya

After breakfast join an East Japan Railway's **shinkansen to Tokyo** – where we change to the Central Japan Railway's Tokaido shinkansen through **to Nagoya** - experience again the efficiency of the daily operation of the shinkansen which carries thousands of people effortlessly across the length of the country at speeds of up to 325km/h. With a short break in Tokyo to purchase some luncheon, we arrive Nagoya mid-afternoon. Enjoy an exploration of the dynamic shopping area around the station and our hotel, before an included dinner tonight in a local speciality restaurant. Overnight Nagoya.

### Sunday 16 November 2025 (B) - the Nakasendo Walk - forest, waterfalls and traditional villages

The **Nakasendō** (Central Mountain Route), also called the Kisokaidō, was one of the five routes of the Edo period, and one of the two that connected Edo (modern-day Tokyo) to Kyoto. There were 69 stations (staging-posts) between Edo and Kyoto. Although there has been much modern development along the Nakasendō, a few stretches remain in their original form. The most well-known section lies in the Kiso Valley, between Tsumago-juku in Nagano Prefecture and Magome-juku in Gifu Prefecture. The area was first made famous by the early 20th-century writer Shimazaki Tōson, who chronicled the effects of the Meiji Restoration on the valley in his landmark novel *Before the Dawn*. We traverse this eight-kilometre section of the Nakasendō which can be walked comfortably, and both Tsumago-juku and Magome-juku have preserved and restored traditional architecture. The 8.6k walk between these historical post towns requires around three hours, with forests, restored paving and fine views of waterfalls along the way – it is also possible to walk lesser distances (mostly the downhill section) for those who wish. Dinner is at leisure, and overnight Nagoya.







# Monday 17 November 2025 (B) - Nagoya Palace, Japanese art of Shibori or JR Central Rail Maglev Museum

This morning we visit the splendid Nagoya Castle Palace - restored to its former glory, it is a stunning architectural site and the impressive paintings and internal rooms are amazing. Then an option to earn of the Japanese art of shibori - a method of dyeing cloth by binding, stitching, folding, twisting, and compressing. In Japan, the earliest known example of cloth dyed with the shibori technique dates from the 8th century where indigo was the main dye used. Today in Arimatsu, shibori-tie-dyed silk fabric is still made. Arimatsu is one of the 53 stage towns of the Tokaido (one of the five major highways) which flourished during Edo period. It still retains the atmosphere with the traditional street lined with typical Japanese merchant houses. Many shops deal in the traditional specialty products of Arimatsu shibori. Alternatively you can join a group for a visit to the Central Japan Railway's Maglev Museum - opened in 2011 the museum seeks to educate visitors on the advances in high speed rail in Japan and displays several trains including historic steam locomotives, world record setting experimental shinkansen (bullet train) and the latest magnetic levitating trains (maglev). A collection of 39 heritage train cars are displayed in the museum. Many of these can be entered or viewed from underneath, and are accompanied by a host of exhibits explaining the different parts of the trains and all aspects of their operation and maintenance. Another section of the museum is dedicated to maglev trains and JR Central's plans to construct a maglev high speed link between Tokyo and Osaka. It also boasts an enormous model rail layout. In the afternoon we return to Nagoya for dinner at leisure and overnight.





#### Tuesday 18 November 2025 (B) – to Okayama, Korakuen Garden and Okayama Castle

This morning we head south west with the Central and then West Japan Railway shinkansen to Okayama. On arrival we leave our luggage at our hotel opposite the station, and visit **Okayama Castle**, also known as "crow castle," due to its black exterior (in contrast to the White Heron Castle in Himeji). Recently emerging from excellent restoration, the castle with its displays provide an insight into the role of castle's in Japan's history. Adjacent is the beautiful **Korakuen Garden – considered another of the 'three best gardens in Japan.'** Located just beside Okayama Castle which can be seen from the garden as "borrowed scenery," it is also home to the Japan Crane Society and their birds are housed in a corner of the garden. A magnificent strolling garden, it displays all the features of a quintessential Japanese garden. Okayama is also home to an excellent collection of museums – the Prefectural Museum of Art; the Hayashibara Museum of Art; Yumeji Art Museum; the Orient Museum and the Okayama Prefectural Museum. We will provide advice for you to explore these at your own pace. Dinner at leisure in one of the many restaurants nearby or at our hotel, then overnight Okayama.

#### Wednesday 19 November 2025 (B/L) - Naoshima - the art island of the Inland Sea

After breakfast we head to the port of Uno to enjoy the short scenic ferry crossing on the Inland Sea, to explore Naoshima – famed for its outdoor art and Benesse House. Benesse House Museum opened in 1992 as a facility integrating a museum with a hotel, based on the concept of "coexistence of nature, art and architecture." Designed by famed Tadao Ando, the facility is built on high ground overlooking the Seto Inland Sea and features large apertures that serve to open the interior to the splendid natural surroundings. In addition to exhibiting painting, sculpture, photography and installations in its collection. The Museum also contains permanent site-specific installations that artists have created especially for the building, selecting locations on their own and designing the works for those spaces. The Museum's artworks are found not just within its galleries, but in all parts of the building, as well as in scattered locations along the seashore that borders the complex and in the nearby forest. A lovely luncheonis included today in the gallery's restaurant. Enjoy a day of art and scenery, and a lovely ferry crossing on the inland sea - we return to Okayama for dinner at leisure and overnight.







#### Thursday 20 November 2025 (B/D) - Grand Seto Ohashi Bridge, Shikoku, Tokushima and Awa Odori dancing

After breakfast we board a JR Shikoku Limited Express train for the island of Shikoku. Cross the Japan Inland Sea on one of the engineering wonders of the modern world, the Grand Seto-ohashi bridge. A collective term for six bridges that connect Kojima in Okayama Prefecture on Honshu and Sakaide of Kagawa Prefecture on Shikoku, spanning five islands, the bridges took 40 years and a tremendous amount of money to build. The structure is more than 13 kilometres long, and consists of three suspension bridges, two oblique suspension bridges and one truss bridge. We visit Tokushima, the capital of the prefecture of the same name. Famed for its Awa Odori festival, tens of thousands flock to the city in August to experience the "Fool's Dance" whose origins date back 400 years. This nickname comes from the lyrics to the common dance song, which translates as follows: "Fools dance and fools watch, if both are fools, you might as well dance". Though not August, we will experience the spectacle at the Awa Odori Kaikan Museum - there are explanations on the history and attractiveness of Awa Odori, exhibitions of costumes and musical instruments used, a 3D theatre where you can enjoy the live dance, and the main attraction - an actual Awa Odori performance. We enjoy luncheon, and weather permitting, a boat ride along the canals of Tokushima, before returning to Okayama for an included dinner and overnight Okayama.

# Friday 21 November 2025 (B) – to Kyoto and sightseeing

This morning we join the shinkansen for the 80 minute journey to Kyoto. We store our luggage at our hotel near the station, and enjoy **sightseeing** where autumn colours are best – possibly **Fushimi Inari** with its famed sequence of red tori gates, **Tofukuji Temple**, or **Kiyomizu-dera**, one of the most famous temples in Kyoto. The latter was built at the end of the 8th century, the main hall was constructed in the 17th century, and is famous for its location overhanging a cliff. The platform of the main hall, which is supported by 139 giant pillars, affords a spectacular view of the town. There is also the opportunity to walk through the picturesque lanes of Ninenzaka to the colourful Gion. We return to the hotel and enjoy a meal at leisure at one of the many nearby and excellent restaurants close to our hotel. Overnight Kyoto.







# Saturday 22 November 2025 (B/D) – the Miho Museum and Kyoto sightseeing

This morning we head to what has been described as an Earthly Paradise among the Mountains. First-time visitors to the **Miho Museum** are amazed at how harmoniously it melts into the surroundings. Nestled among mountains, the path to the museum passes through a tunnel and over a hanging bridge before you arrive at the entrance. The buildings were **designed by I.M. Pei, the celebrated architect of the Glass Pyramid at the Louvre and the West Wing of the Boston Museum of Fine Arts**. Based on an image of Shangri-La, eighty percent of the building is buried underground to blend into the natural landscape. The collection contains antique and ancient pieces from a range of regions, including Japan, China, Greece, Rome and the Middle East. In the early afternoon we return to Kyoto, where there is time for you to explore at leisure, visiting specific places of interest, or to join us to where autumn colours are best. There is also the opportunity to visit the textile, handicraft and cooking/shopping supply markets in Kyoto, as well as the West Japan Railways excellent rail museum for rail aficionados. A final simple dinner together and overnight Kyoto.

#### Sunday 23 November 2025 (B) – Arashiyama and to Tokyo and return to Australia

After breakfast, there is the option to join us for an excursion to the **Arashiyama District** of Kyoto - Arashiyama draws visitors for its world-renowned **bamboo grove** and beautiful scenery that changes with each season. The area is dotted with temples, old imperial villas, and famous historical sites, many of which are National Treasures, or have been recognised as World Heritage sites. We return to Kyoto to purchase some luncheon to enjoy on the Shinkansen towards Tokyo – for a mid afternoon arrival into Tokyo's Shinagawa Station, where we change to Haneda Airport for overnight flights to Australia.

#### Monday 24 November 2025 – arrive Australia

Arrive Australia.

#### **GENERAL COMMENTS AND BOOKING CONDITIONS**

#### ACCOMMODATION, MEALS AND RAIL TRAVEL

Accommodation is generally in 4 star standard hotels. In some locations the best available may not be 4 star, and in some locations we have selected superior hotels or ryokans as part of the experience of the location. Some nights we have included traditional ryokan accommodation with tatami mat floors and comfortable futon beds prepared on the tatami matting. Shoes need to be removed whilst in the ryokan, in rooms and at meals. Ryokan meals are generally included, and whilst we will aim to accommodate dietary requests, some meal experiences are a traditional Japanese set meal. In some locations we have selected simpler 'business hotels' where rooms are smaller and meals simpler, but their location near railway stations makes them ideal when we spend limited time in the hotel. In some hotels twin rooms are larger than double rooms, and in some cases we may provide a larger room with two large single beds if you have selected double bed accommodation. Meals are included as shown - breakfast is included most mornings, however as a general rule we have not included lunch or dinner when there is a range of options, and you can choose the style and time of dining that you prefer. Meals included are indicated as (B) Breakfast, (L) Luncheon and (D) Dinner. Travel is generally in first class (Green Car) seats, though some services only offer standard accommodation and on some trains Green Car accommodation can be limited – we'll arrange the best seating possible. There is a wide range of options for eating in Japan - from very simple meals to elegant dining experiences, and from traditional Japanese food, through to the very best of international western cuisine. The choice is yours. For lunch we'll identify a number of eating options. Every town in which we stay where dinner is not included has a range of restaurants where it is relatively easy and inexpensive to eat well and enjoyably. Major department stores have food halls with freshly prepared food. Most shops and at all railway stations you can purchase a 'bento' - local take away meal boxes with a fresh range of meats, seafood, vegetables and rice. Bakeries offering tempting fresh items abound, especially at railway stations. Eating and enjoying the foods of Japan is part of the tour experience. You can eat as simply or as lavishly as you wish. Japan is exceptionally clean, fresh food a priority, and preparation and hygiene surpass Australia.

#### PERSONAL SERVICE AND MEETING INDIVIDUAL NEEDS

SJR prides itself on its personal service and attention to detail. The tour is escorted by the two organisers of the itinerary who have both travelled to Japan many times, or lived in Japan for many years. You are assured of the utmost service and our commitment to your satisfaction. We recognise each guest has different interests, and we will provide the opportunity to allow you to rest from the group, explore by yourself, return to particular places, or visit friends or special sites you've read about – if you wish. If your interests are gardens or castles or scenery, you can tailor your activities to focus on these specific interests. Detailed advice and assistance will be given to help you, and most travel requirements can be made for you.

#### **CAPACITY TO PARTICIPATE IN THE TOUR**

Fitness and mobility are necessary for participation in the tour. Tour passengers must be able to manage their own luggage, and to carry/wheel it on and off trains, from stations to hotels, and if necessary, up or down a flight of stairs. Whilst most stations have escalators / elevators, the older and regional stations may not. Visiting temples and shrines involves walking up and down flights of steps, and in some cases removing shoes. The tour involves travel on the public transport networks of the many Japanese cities. By payment of your deposit and tour fare you confirm that you are of a suitable level of mobility and fitness to participate in the tour, and are aware of the nature of the tour. Whilst it is often possible to use taxis to reduce the distances walked, this option is at your own expense. You may choose to not participate in an activity if you consider it too strenuous, and remain at the hotel, or explore locally.

#### **FARES AND BOOKING PROCEDURES**

The tour is limited in size to 20 guests, and bookings will be confirmed in order of receipt of a deposit of \$3,000 per person. The tour fare is \$18,780 per person (twin share) plus airfares from Australia, with a \$3,695 single supplement for hotels. The tour fare includes first class rail travel in Japan (some rail services may not have first class accommodation available, or in some instances, not sufficient for the whole group, and in these cases, standard rail accommodation is provided); all bus, tram, metro and light rail transfers when part of the group; all accommodation on a twin share basis (single accommodation is available on payment of the single supplement); sightseeing and entrance fees as indicated, and meals as shown in the itinerary for each day. The fare does not include meals not identified, drinks, excess baggage charges, gratuities, telephone calls, laundry, any items of a personal nature, travel outside the organised group, or taxi usage when not part of the planned transport means. Due to the variety of interests of individuals, and the large range of temples, gardens, shrines, museums etc. available for inspection on some days, we have included key features in the tour cost. Inspection and entry fees when not part of the planned group activity are not included in the tour cost. Additional or optional activities such as some cable car journeys, boat cruises or entrance fees are not included in the cost. Bookings should be made on the attached form.

The deposit of \$3,000 per person should be forwarded by cheque, payable to St James Rail, along with the booking form, to SJR, PO Box N400, GROSVENOR PLACE, 1220.

You can also pay by Electronic Funds Transfer (EFT):

Account Name: Scenic Journeys by Rail

BSB: 033 364 Account Number: 612826

Reference: Your name and 'Japan'

If paying by EFT, please include the Reference above, and email to <a href="mailtosjr@digitor.com.au">sjr@digitor.com.au</a> to advise that you have done so – or if you have used a different reference. Please forward the booking form to the postal address above, or scan and email it to us. Credit card payment is possible, with merchant fees of 1% for Visa/MasterCard, and 1.8% for American Express. Please call us to make payment by credit card.

#### **AIR TRAVEL TO/FROM JAPAN**

A range of flight options exist, including daylight and overnight services in both directions with Qantas and All Nippon Airlines, or direct daylight travel to Japan and night travel back from Japan with Japan Air Lines. On receipt of booking we'll contact you to discuss your flight preferences and with our travel agent MTA Travel, we will identify the best airfare to meet your travel needs. Business Class seating is also available.

# FURTHER INFORMATION

Call us on 0418 585 838 or email at sir@digitor.com.au for further details or information.

#### **BOOKING, CANCELLATION AND TRAVEL CONDITIONS**

Bookings will be accepted on the attached form. Changes to the itinerary - as the tour operates to some remote parts of Japan, where accommodation and travel options are limited, the tour organiser reserves the right to change and amend the itinerary at his sole discretion based on necessary changes to travel plans due to air, sea and land schedule changes and hotel availability. Currency fluctuations - the tour organiser reserves the right to adjust the tour price based on significant foreign exchange movement between the Australian Dollar and the Japanese Yen. Cancellation fees apply as follows: the initial deposit is non-refundable. After payment of further deposits towards the final tour cost, costs for tickets, accommodation, sightseeing etc made on your behalf will incur cancellation charges equal to the cancellation charges incurred to us, imposed by suppliers/operators, plus a fee to cover administrative costs – more than three months prior to departure, \$1000 per person; within three months, \$2000 per person. No refund will be made for cancellations after 1 August 2025. All cancellation or administration charges imposed by the suppliers/operators of components of this tour must be borne by you, the passenger. Responsibility - St James' Rail acts only as the organiser of the tour. On acceptance of tickets and travel documents for this tour, which may be evidenced in writing by a ticket, voucher, letter, or other document, you accept that neither St James' Rail nor representatives from any other firm supplying services in conjunction with this tour programme, shall be liable in contract or in tort (actionable wrong) for any injury, loss, damage, accident, sickness, delay or additional expense to you or your possessions arising directly or indirectly by force majeure or other events which are beyond our control, or which are not preventable by reasonable diligence on our part, including, but not limited to, civil disturbance, fire, floods, acts of God, acts of Governments or other authorities, changes in itinerary, weather, strikes, war, transportation disruption, failure of machinery or equipment, industrial action, pandemic, quarantine or any other cause. Where travel is by scheduled carrier, or charter service, that carrier's responsibility is limited in accordance with their conditions of carriage. Similarly all luggage is your responsibility, and we cannot be held liable for any loss or delay however caused. The care of your travel documents are your own responsibility. All expenses incurred by loss must be borne by you. Airline regulations and conditions are written on the airline tickets and are issued to passengers subject to their acceptance of these conditions. Changes in exchange rates, taxes and any land arrangements costs may alter the price of the tour, and St James' Rail reserves the right to change, amend or cancel this tour and/or itinerary if necessary. We reserve the right to amend the itinerary en route to account for unforeseen changes or conditions, or to improve the tour experience for the majority, as determined by the tour leader. Passports, visas, vaccinations, health requirements – a valid passport with six months validity from the end of the tour is required. Obtaining all visas, vaccinations or other health requirements to meet the expectation of airlines or foreign governments is your responsibility. St James' Rail cannot accept responsibility for any losses or expenses incurred as a result of a passenger not holding valid and necessary passport, visa, vaccination or health documents. Conditions relating to COVID-19 - if the tour is unable to proceed due to Government restrictions, SJR may at our election: postpone your travel arrangements to a future date, in which case we will issue you with a credit note equal to amounts paid at the time of postponement; or cancel your travel arrangements, in which case our contract with you will terminate. If we cancel your travel arrangements and our contract terminates, neither of us will have any claim for damages against the other. However, we will refund payments made by you less unrecoverable third-party costs and less fair compensation for work undertaken by us up until the time of termination and in connection with the processing of any refund. SJR will refund payments it is able to recover or not incur from the various suppliers of services to this tour. Refunds will be made when the funds have been received by SJR from third party suppliers. Full details of terms and conditions: if you would like a copy of the full terms and conditions applicable to all SJR tours please contact us and we will forward a copy to you.

# INSURANCE

A condition of travel on this tour is that you have a comprehensive travel insurance policy to protect yourself against cancellation fees, health and other travel risks. An insurance policy can be sent to you from our travel agent, Jones and Turner Travel Associates, Paddington, for your consideration. Obtaining insurance cover for the tour is your responsibility. It is highly recommended that insurance is secured at the same time or shortly after deposit payments are made.

Travel Map **Autumn Colour** Japan by Rail 2025 Hakodate Oirase Morioka *H*iraizumi Akiu Onsen Sendai Toyama Kanazawa Takayama Naoshima Tokyo Okayama -Nakasendo Walk Nagoya Tokushima

Kyoto

# AUTUMN COLOUR - JAPAN BY RAIL -

Thursday 30 October - Monday 24 November 2025

# **Booking Form**

YOUR	CONTAC	T DETAILS				
Name:						
Address:				Suburb:	Postcode:	
Home t	el:		Work tel:		Mobile:	
Email: .						
воокі	NG DET	AILS (Full passer	nger names EXACTLY as sh	own in your pas	ssport:)	
Passenger 1		Name:				
		Date of Birth:	Passı	oort No:	Expiry Date:	
		Frequent Flyer:	Airline	No:		
Passenger 2		Name:				
		Date of Birth:	Passı	oort No:	Expiry Date:	
		Frequent Flyer:	Airline	No:		
PLEAS	E INCLU	DE / SEND A SC	ANNED PHOTOCOPY OF TH	E DATA PAGE	OF YOUR PASSPORT	
PAYME	ENT					
		eve enclosed \$				
	I have paid by Electronic Funds Transfer (EFT) as described previously. Please email SJR to advise and send this form.					
BSB:		nt Name: nt Number: nce:	Scenic Journeys by Rail 033 364 612826 Your name and 'Japan'			
A letter	will be se	ent acknowledging	receipt of your deposit and pr	roviding further d	details.	
AIR TR	AVEL TO	O/FROM JAPAN				
	We would like you to book flights for me/us to travel to and from Japan. We will call to discuss air travel options.					
	We will make our own flight arrangements to travel to and from Japan.					
HOTEL	ACCOM	IMODATION				
Single rooms: De			Double rooms:	Twin (tw	vo bedded) rooms:	
(Note –	as menti	ioned above, in so	me hotels twin rooms are reas	sonably larger tha	nan double rooms, and in these cases we may	

A single supplement is payable for sole use of rooms in hotels/ryokans.

provide the larger room for you unless you specifically request us not to do so.)

#### RYOKAN - TRADITIONAL JAPANESE ACCOMMODATION

The tour includes some accommodation in quality Japanese ryokans. These involve sleeping on tatami mat floors, with futons (thin mattresses) and require you to remove shoes in the ryokan, the rooms, and sometimes at dinner and breakfast.

Please advise below if you are not able (or do not wish) to sleep on tatami mats with futons in Japanese ryokan hotels, or

do not wish to remove your shoes. We will then book you a western style hotel room in the ryokan, or at a nearby western style hotel. I prefer Japanese style rooms, with futons laid on the tatami mat, in the ryokan (Note: you can add two or three futons to . . . . . make the mattress more comfortable if you wish.) I prefer western style beds in the ryokan, and am happy to remove shoes in the ryokan when necessary I prefer western style beds, and do not wish to remove shoes in the ryokan (we will accommodate you in a nearby hotel.) DIETARY REQUESTS (we will do our best to accommodate and advise accordingly) Please indicate any dietary request : **INSURANCE** Please send an insurance policy from MTA Travel. YOUR SIGNATURE I have read the reservation conditions outlined above and accept them on behalf of myself and my party by whom I am authorised to make this agreement. Cancellation charges will apply as advised in this itinerary. An insurance policy can be forwarded from our travel agent MTA Travel.

Telephone Email +612 9326 9660 sir@digitor.com.au

Mobile Web

+61 418 585 838 www.stjamesrail.org

January 2025